

## Westcoast Child Care Resource Centre Workshop Series Summer 2008



PLEASE ARRIVE 15 MINUTES AHEAD OF THE SCHEDULED START TIMES

### Healthy Opportunities for Preschoolers (HOP)

Date: **Saturday, 12 April, 2008** Time: **10:30 am – 12:30 pm**

This program provides a strong foundation in literacy, physical activity and healthy eating for young children. It offers resources to support caregivers and parents as they actively participate in children's learning. Come dressed in clothes and shoes appropriate to hop, leap, jump and move! *Class size: 16 in each session.*

Presenters: **Nora Mejia and Tess Prendergast.** Nora Mejia, *B.Ed. & ECE training inspired by the principles of the Reggio Emilia and Montessori approaches. She works for Westcoast Child Care Resource Centre in the Training Department.* Tess Prendergast *is a children's librarian in the Vancouver Public Library system. She has a background in early childhood education.*

Registration begins: **March 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)

### Weaving Curriculum into Children's Experiences

Date: **Wednesday, 7 May, 2008** Time: **7:00 pm – 9:00 pm**

Art, Math, Science and Social Studies are bigger than the "Centre" space we give them in our programs. We will explore topics that children show interest in and how to foster children's knowledge in those topics through active exploration throughout these curriculum areas. You will come away with ideas and questions to take back to children in your program. *Class size: 25.*

Presenter: **Jacqueline Ewonus** *instructs ECE courses. She holds certificates in Early Childhood Education, Special Needs and Family Support, and has worked in early childhood programs including special need settings for the past 10 years.*

Registration begins: **April, 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)

### Partnerships With Families

Date: **Saturday, 24 May, 2008** Time: **10:30 am – 12:30 pm**

Come and explore ways to create respectful and collaborative relationships with parents. We will look at the challenges that may occur as we work with families, including those from diverse backgrounds, having a range of values, beliefs, communication skills and parenting styles. *Class size: 25.*

Presenter: **Nora Mejia** *B.Ed. & ECE training inspired by the principles of the Reggio Emilia and Montessori approaches. She works for Westcoast Child Care Resource Centre in the Training Department.*

Registration begins: **April 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)



## Tell Me A Story, Make Me A Story

Date: **Saturday, 7 June, 2008** Time: **10:30 am - 12:30 pm**

Discover simple and practical methods to engage and hold children's attention during story time. Learn a variety of techniques to make up stories with children and how to bring the story to life through dramatic play. Class size: 25.

Presenter: **Barbara Karmazyn** is a dynamic facilitator and Early Childhood Educator. She specializes in the early stages of children's artistic and creative development and facilitates song circles and storytelling circles.

Registration begins: **May 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)

## Stress Management Through Yoga

Date: **Saturday, 21 June, 2008** Time: **10:30 am – 12:30 pm**

How can yoga help with stress?

- Renew energy in the body
- Relax the body to promote proper rest
- Provide relief from stress related conditions such as headache, backache, insomnia and muscle tension.

Come to this gentle, relaxing evening and take home techniques you can easily use to manage the stress in your life. Learn to control your breathing and muscle tension. Wear comfortable clothing and bring a thin mat or towel to lie down on. Class size: 25.

Presenter: **Dorothy Polukoshko**, BSc, ECE, has over 20 years experience in the child care field, working in a variety of child care facilities. She has coordinated a Child Care Resource & Referral program, including providing training for child care providers, and until recently, was a trainer with Westcoast Child Care Resource Centre.

Registration begins: **May 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)

## You Are It!

Dates: **Wednesday, 23 July, 2008** Time: **7:00 pm – 9:00 pm**

Research tells us that THE MOST IMPORTANT FACTOR in ensuring high quality programs for young children is the "person of the caregiver"! Join us to look at this research, understand what it means for us and explore ways we can become the best caregiver possible for the children and families we serve! Class size: 25.

Presenter: **Gyda Chud** is the Dean of Continuing Studies at Vancouver Community College, has served as Coordinator of the VCC Early Childhood Education Program and is founding Chair of the Child Care Sector Council. Together, Gyda is actively involved in multicultural early childhood education, anti-bias and diversity learning and training opportunities.

Registration begins: **June 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)

## The ABC's of Functional Behaviour

Dates: **Wednesday, 27 August, 2008** Time: **7:00 pm – 9:00 pm**

A beginner's look at strategies for determining the function of children's behaviour. We will talk about observation strategies, how to collect data, and look at a variety of examples of data collection forms and ways to make your own data sheets. The focus will be on supporting positive behaviour through managing your child care environment. Class size: 25.

Presenter: **Jacqueline Ewonus** instructs ECE courses. She holds certificates in Early Childhood Education, Special Needs and Family Support, and has worked in early childhood programs including special need settings for the past 10 years.

Registration begins: **July 2008** Fee: **\$30** (\$27 for Westcoast Subscribers)



## Workshop Registration Form

PLEASE PRINT CLEARLY

workshop title		workshop date
first name	last name	
address		
city	postal code	e-mail
( )	( )	
phone	fax	

name of centre/organization (if applicable)

payment options	<input type="checkbox"/> cheque or money order
payment amount	Make payable to Westcoast CCRC. NSF cheques will incur a \$20 charge.
subscriber number (required for discount)	<input type="checkbox"/> cash (in person only)
	<input type="checkbox"/> debit (in person only)
	<input type="checkbox"/> VISA
card number	expiry /
cardholder's name	

### To Register:

Please fill out the attached registration form. *Submit a separate form for each participant for each workshop.* Please copy as needed.

**Payment must be made at time of registration** in order to confirm your seat. Enrollment is limited; please register early to avoid disappointment. Waitlists will be maintained in case of cancellations. Your registration fee will be processed if a space becomes available. Cancellations can be made up to three days before the workshop date. Your registration fee will be refunded less a \$10 administration fee.

Certificates of participation and receipts will be provided at the workshop.

	By Fax:	Fax registration form with VISA info to (604) 709-5662
	By Mail:	Mail registration form and payment to: <b>Training Registration</b> Westcoast Child Care Resource Centre 2772 East Broadway Vancouver, BC, V5M 1Y8
	By Phone:	Call (604) 709-5661 with VISA info
	In Person:	Drop by Westcoast Child Care Resource Centre with registration form and payment.