



WESTCOAST  
CHILD CARE  
RESOURCE  
CENTRE

*Celebrating 30 Years*

## APRIL TO JUNE 2017 WORKSHOPS

REGISTRATION ON NOW

VANCOUVER  
**ccrr**  
Child Care Resource & Referral 

### Ways to REGISTER

- ❖ Online with PayPal or any credit card at [www.wstcoast.org](http://www.wstcoast.org)
  - ❖ Fax registration form with VISA® information to 604-709-5662.
  - ❖ Mail registration form with cheque or VISA® information. NO CASH.
  - ❖ In person with cash, debit, cheque or VISA only.
  - ❖ Questions? Call us! **604-709-5661** ext. 221 or
  - ❖ Email us at: [rng@wstcoast.org](mailto:rng@wstcoast.org)
  - ❖ **FCC Fee** - Vancouver Registered Family Child Care Providers are emailed a Promo Code which must be applied to receive the FCC Fee when registering for a workshop.
  - ❖ Please take care to review the workshop objectives and suitability before registering.
  - ❖ Check the Workshop Policies on the last page.
- Download this flyer from our website and register online anytime.**



### Exploring the 100 Languages of Art Mediums Wednesday April 5, 2017 Time 7:00 pm – 9:00 pm 2 hours

An exploratory and informative workshop on breaking art mediums down to the basics and then looking at extensions based on children's interests and the project work at hand. We will cover a variety of mediums, how to present them to a young audience and ways to expand their learning & skill building capabilities.

#### Objectives:

- To explore a large variety of fine arts mediums.
  - To understand developmentally appropriate ways to introduce and use these with children in a responsive environment.
  - To discuss art development in children.
- ★ Suitable for novice and intermediate early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, adult instructors and administrators.

**Presenter: Kristi Schwandt.** Kristi took Fine Arts upon high school graduation, travelled, worked for airlines and did picture framing before finding the profession of ECE in her late 20's. She learned and practiced responsive curriculum inspired by Reggio Emilia and has never looked back. Recently, she has been working as an ECE Facilitator for the City of Surrey, providing training and support for preschool instructors. Currently she is designing and remodeling City of Surrey preschool environments.

**Fee: \$35**  
**FCC Fee: \$20**

## Behaviour Guidance and Conflict Resolution Strategies

Wednesday April 12, 2017

Time: 6:30 pm – 8:30 pm 2 hours

**Location: Vancouver Westside Hub at Kitsilano Neighbourhood House, 2305 W 7th Ave. Vancouver, BC.**

We all wish there was an instant recipe to manage challenging behaviours with preschool children but there is not. However, there are strategies that with practice could help us guide children through difficult situations. Come and revisit age appropriate behaviour guidance strategies that provide proactive support and help children develop skills to solve conflicts in a respectful way, while enhancing their social emotional learning.

### Objectives:

- To understand age appropriate guidance strategies.
- To explore how considering temperament and culture affects our guiding strategies.
- To discuss how to help children develop problem solving skills.

★ Suitable for early learning child care professionals working with preschool and school age children.

**Presenter: Vesna Krcmar.** Vesna is an experienced Early Childhood Educator and a staff member of the Vancouver CCRR at Westcoast Child Care Resource Centre. She brings a rich background in working with 0-5 year old children in both family child care and group care settings.

**Fee: \$35**

**FCC Fee: \$20**



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## Model Behaviour

Wednesday April 19, 2017

Time 6:00 pm – 9:00 pm 3 hours

How can we cultivate the behaviours of success and well-being? This workshop reveals the Awareness Module's three part responsive behaviour support system. This holistic approach examines the root cause of all behaviours and the elements that motivate them. Attendees will take away assessment tools, resources and guidance towards clarifying the complexities of behaviour. If you are looking for a fresh approach that is centered in the empowerment of children and youth, do not miss this interactive presentation.

### Objectives:

- To discuss assessment strategies to isolate behaviour concerns.
- To explore practical applications.
- To understand the Awareness Models' 3 part behaviour system.

★ Suitable for students, parents, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs.

**Presenter: Peter-John Prnlsoo.** P.J. specializes in behaviour and game theory, awareness, boundaries, needs and value systems. He was a regular facilitator with the Attorney General's Office, raising awareness in multiculturalism, anti-violence, and sexual exploitation. P.J. is also a certified Safe Teen facilitator and has taught the Safe Teen program in high schools throughout Vancouver and the lower mainland in BC. PJ's workshops are always fun, high energy and very interactive. His goal is to uplift human spirit and motivate, while identifying personal challenges and boundaries.

**Fee: \$50**

**FCC Fee: \$35**



## Rethinking Weapon Play: An Example of Reflective Practice

Wednesday May 3, 2017

Time 7:00 pm – 9:00 pm 2 hours

This workshop will present a story of how our 3-5 program struggled with how to handle weapon play, and the evolution of our policies and principles around this type of play. It details the process we took, and our use of reflective practice in handling this complex issue. Pedagogical documentation on the weapon-play in our program and educator reflections will be included in the presentation.

### Objectives:

- To appreciate what reflective practice looks like, and how it can benefit your program.
- To explore how and why our program went from a zero-tolerance approach to a more open approach to weapon play and what that evolution looked like.
- To engage in reflection and discussion on the motivations, benefits and concerns around weapon play and how our program is currently engaging with weapon play.

★ Suitable for novice and intermediate early learning child care professionals working with preschool and school age children, including children with extra support needs, parents, adult instructors and administrators.

**Presenter: Rebecca Sung.** Rebecca has been an ECE with SFU Childcare for the past 3 years. She has a passion for outdoor learning, and completed a practicum at a Forest Kindergarten in Scotland. She has participated in the Community Facilitators Project with UVIC for two years, and has previously presented at Capilano University's Leading the Way conference.

**Fee: \$35**

**FCC Fee: \$20**



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## Physical Literacy for Young Canadians

Wednesday May 17, 2017

Time 6:00 pm – 9:00 pm 3 hours

Come learn about why physical literacy is being added to preschools, schools, sport organizations and health care organizations across Canada. This workshop will explore the goal of physical literacy for young Canadians and give educators practical tools to bring this goal into their programs. The workshop will be a balance between theory, teaching strategy concepts and hands on activities. Come dressed for light activity and having fun!

### Objectives:

- To gain an understanding of the physical literacy movement in Canada.
- To recognize how physical literacy is shaping curriculum decisions.
- To discover how to make physical literacy a goal in a preschool setting and how it connects to other curriculum areas.
- To explore practical and fun games, ideas and lessons that can be easily added to any program.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, parents, adult instructors and administrators.

**Presenter: Jennifer Hood.** Jennifer has over 20 years' experience working in gymnastics organizations across Canada. She has developed recreational gymnastics programming for young children in multiple non-profit and sport environments. Jennifer received her BA in Anthropology from the University of Victoria in 2000 and then her B.Ed. from UBC in 2002 and she maintains her BC Teacher's Certificate. Focusing on the development of physical literacy in all athletes rather than competitive gymnastics for an elite few, Jennifer Hood opened the first Jump Gymnastics in Yaletown in 2008 and her second in North Vancouver in 2014.

**Fee: \$50**

**FCC Fee: \$35**



## How To Set Up Reggio Inspired Activities In Your Centre

Wednesday May 31, 2017 Time 6:00 pm – 9:00 pm 3 hours

This workshop is designed to help participants understand how to set up provocative areas that can lead to further learning, reflection, questions, exploration and discovery, experimenting projects and much more. It will be an interactive workshop with video clips, visuals, hands-on manipulatives, group activities, discussions and Reggio Inspired classroom displays.

### Objectives:

- To learn how to implement vibrant table displays that will dazzle the senses, invite curiosity and discovery.
- To explore how to create flexible environments that are responsive to the need for the children and teachers to construct knowledge together.
- To discover how play based centers and Reggio inspired programs can work together.
- To work in groups and get inspired to create provocative tables.
- To introduce participants to the concept of loose parts.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with infant/toddler and preschool children, parents, adult instructors and administrators.

**Presenter: Sarah McCarthy.** Sarah has a Bachelor of Science in Education and Training, a Diploma in Early Childhood Education and Montessori (0-12 years), plus a certificate for Children with Special Needs. She has been in the education field for over 15 years and has taught in Reggio, play-based and Montessori centres; recently being the Early Childhood Program Coordinator and Instructor at a private college in Vancouver. Sarah created ECE Connect in 2016 with the idea of connecting Early Childhood Educators and offering workshops needed in the field.

**Fee: \$50**

**FCC Fee: \$35**

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## Indigenous Education and Early Childhood: Past, Present and The Way Forward

Saturday June 3, 2017

Time 10:00 am – 3:30 pm 5 hours

Through discussion and hands-on activities, this workshop will provide participants with a history of Indigenous education in Canada, Residential Schools and effects on early learners, as well as an overview of current issues in Indigenous education with discussions on how to move forward and incorporate the Truth and Reconciliation Committee's calls to action. With the new BC curriculum it is important for our early learners to have a strong understanding of Indigenous ways of knowing.



### Objectives:

- To learn about the history of Indigenous education in Canada.
- To recognize the intergenerational effects of residential schools and the impact on learning.
- To understand the Truth and Reconciliation recommendations and how to apply them in early childhood education settings.
- To explore hands-on activities.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, parents, adult instructors and administrators.

**Presenter: Jennifer Anaquod.** Jennifer is an Indigenous educator who has been working in early childhood education for over 15 years. Her research, work and life's passion is to promote conversations among educators about Indigenous ways of knowing and learning and the history of Indigenous education in Canada.

**Fee: \$80**

**FCC Fee: \$65**

❖ *Bring a bag lunch (½ hour lunch).*

## Being an Approachable Adult: Talking with Young Children About Sex and Gender

Wednesday June 7, 2017

Time 6:00 pm – 9:00 pm 3 hours

Sexual Health Education attempts to teach health, science and safety to children of all ages. The most important and meaningful person to talk about this complex subject is the caregiver or parent. Research says the earlier the better for caregivers and their child/ren to build a safe place to discuss this personal and sensitive topic. A child's health and safety are the key reasons sex education is important in the early years. You will find that there are many other reasons to teach and talk about sex with young children, now and in the future. This workshop helps educators discuss age appropriate sex education in different environments.



### Objectives:

- To increase comfort and competency with teaching and talking about sexuality, bodies, gender and boundaries.
- To be able to coach and counsel children on appropriate body science words, boundaries and public vs. private behaviours and language.

★ Suitable for students, novice and intermediate early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, parents, adult instructors and administrators.

**Presenter: Julia Saunders, Med.** Julia is a certified coach and counsellor in Sexuality, Family Life and Relationships and designs and delivers innovative and engaging Sexual Health Education workshops for parents and professionals. She has recently published an empowerment guidebook for parents and caregivers to support them in talking with their children aged 0-5 about bodies, boundaries, consent, gender and other important topics of development.

**Fee: \$50**

**FCC Fee: \$35**

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## Resolving Challenging Issues with Families

Saturday June 10, 2017

Time 10:30 am – 3:00 pm 4 hours

Communicating with families on tough and sensitive issues can be a challenge for most of us. Positive communication and clear policies and procedures are crucial to quality service in child care.

### Objectives:

- To explore factors for consideration when solving challenging issues with families.
- To discuss some key factors in oral and written communication that will help us plan for successful outcomes.

★ Suitable for intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, parents, adult instructors and administrators.

**Presenter: Christine Hibbert.** Christine has been the executive director at Jericho Kid's Club for 18 years. Christine co-wrote "Key Elements of School Age Care" and teaches many aspects of child care delivery and administration.

**Fee: \$65**

**FCC Fee: \$50**

❖ *Bring a bag lunch (½ hour lunch).*

## How to Teach Healthy Eating to Picky Eaters

Saturday June 17, 2017

Time 10:30 am – 3:00 pm 4 hours

While picky eating is common amongst 2 - 5 year olds, children can still learn to try new foods and set the foundation to become lifelong healthy eaters. In this workshop you will understand picky eating behaviour better by discovering its developmental causes. You will get play-based activities that help kids gain the confidence and competence to try new foods. You will learn what common activities inadvertently undermine kids' well-being when it comes to food and how to have respectful discussions about food with parents.



### Objectives:

- To discover the developmental causes of picky eating for toddlers and preschoolers.
- To learn developmentally appropriate activities that give children the confidence and competence to try new foods.
- To explore how to have respectful discussions about food with parents.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with infant/toddler and preschool children.

**Presenter: Kristen Yarker, MSc, RD.** Kristen is a child feeding expert who helps caregivers support picky eaters to try new foods on their own without being forceful or sneaky. Since 2008 she has been working with caregivers to provide good nutrition for children today and instill a LOVE of food that lasts a lifetime. Kristen is a consultant for health authorities, the BC Ministry of Health, and non-profit organizations. Check out Kristen's column in *Urban Baby and Toddler Magazine*, articles on *Modern Mama's* website, and quotes in magazines such as *Today's Parent* and *Best Health*. [www.KristenYarker.com](http://www.KristenYarker.com)

**Fee: \$65**

**FCC Fee: \$50**

❖ *Bring a bag lunch (½ hour lunch).*

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## Responsive Life Skills Trays

Wednesday June 21, 2017 Time 7:00 pm – 9:00 pm 2 hours

Life skills are an integral part of development, more so than school readiness. Come be inspired by the unlimited ways you can use and present *Life Skills Trays* in a responsive environment; not only serving the children's skill development but also their ever changing interests as well.

### Objectives:

- To look at the materials we put on our program's shelves.
- To explore *Life Skills Trays* from a responsive curriculum perspective.

★ Suitable for students, novice and intermediate early learning child care professionals working with infant/toddler and preschool children, including children with extra support needs.

**Presenter: Kristi Schwandt.** After studying Fine Arts, Kristi had a multitude of careers before finding the Early Childhood Education profession. She learned responsive curriculum inspired by Reggio Emilia and has never looked back. Recently she has been an ECE Facilitator for the City of Surrey providing training and support for preschool instructors. Currently she is designing and remodelling City of Surrey preschool environments.

**Fee: \$35**

**FCC Fee: \$20**

### Westcoast workshops support the implementation of:

- ❖ The BC Early Learning Framework
- ❖ Schedule G of the BC Child Care Licensing Regulation
- ❖ The Early Childhood Educators of BC Code of Ethics

**Westcoast Child Care Resource Centre**  
*Inspiring and Promoting Excellence in Child Care and Early Learning*



# Workshop Registration Form

Date: \_\_\_\_\_  
DB \_\_\_\_\_ (office use only)

**This name will appear on your certificate**

First Name (s):		Last Name (s):	
Address:		Postal Code:	
Email:		Phone:	
<input type="checkbox"/> I am a Vancouver CCRR Registered LNR or Vancouver Licensed Family Child Care Provider (FCC)			

**Payment Method:**

VISA (only) Card Number: _____		Expiry Date: ____ / ____	
Cardholder's name:		Authorization # _____ (office use only)	
Debit	Cheque	Cheque # _____ (office use only)	
Cash	Make payable to Westcoast CCRC. NSF cheques will incur a \$35 charge each.		
<b>TOTAL</b> Payment Amount: \$ _____			

Workshop Titles	Date	Time	Fee	FCC
Fine Arts: Exploring the 100 Languages of Art Mediums	Wed. Apr. 5	7:00 pm – 9:00 pm	\$35	\$20
Behaviour Guidance and Conflict Resolution Strategies @ Kits	Wed. Apr. 12	6:30 pm – 8:30 pm	\$35	\$20
Model Behaviour	Wed. Apr. 19	6:00 pm – 9:00 pm	\$50	\$35
Rethinking Weapon Play: An Example of Reflective Practice	Wed. May. 3	7:00 pm – 9:00 pm	\$35	\$20
Physical Literacy for Young Canadians	Wed. May. 17	6:00 pm – 9:00 pm	\$50	\$35
How To Set Up Reggio Inspired Activities In Your Centre	Wed. May. 31	6:00 pm – 9:00 pm	\$50	\$35
Indigenous Education and Early Childhood: Past, Present and The Way Forward	Sat. June 3	10:00 am – 3:30 pm	\$80	\$65
Being an Approachable Adult: Talking with Young Children About Sex and Gender	Wed. June 7	6:00 pm – 9:00 pm	\$50	\$35
Resolving Challenging Issues with Families	Sat. June 10	10:30 am – 3:00 pm	\$65	\$50
How to Teach Healthy Eating to Picky Eaters	Sat. June 17	10:30 am – 3:00 pm	\$65	\$50
Responsive Life Skills Trays	Wed. June 21	7:00 pm – 9:00 pm	\$35	\$20

**Refund & Cancellation Policy:**

1. Requests for cancellations **must be received at least 3 business days prior** to the workshop date to get a refund, minus any Administration Fees.
2. All refunds are subject to a \$10 Administration Fee except for Safe Spaces and the Responsible Adult Course which have a \$25 Administration Fee each.
3. No monies will be refunded or credits offered once the workshop or course starts.
4. Westcoast may cancel a workshop or course at any time. Registrants will be notified and receive a full refund.

**By submitting this form participants declare they have read, understood and agree with this policy.**



# Workshop Policies:

- 1 It is the participants' responsibility to check if certificates of participation will be accepted by the ECE Registry. <http://www.mcf.gov.bc.ca/childcare/ece/> phone **1-888-338-6622** email [eceregistry@gov.bc.ca](mailto:eceregistry@gov.bc.ca)
- 2 It is the participants' responsibility to read the workshop description and objectives and make sure the training selected is suitable to their learning needs. **If you have a question, call us before registering.**
- 3 Only **Vancouver CCRR Registered LNRs or Vancouver Licensed Family Child Care Providers** qualify to pay the **FCC Fee** and will need a **Promo Code** received by email to register. Be sure to use this promo code when registering, as no fee adjustments can be made after registration is confirmed.
- 4 Seats are limited. Registrations are accepted on a first come, first served basis.
- 5 Payment must be made at time of registration to reserve your seat.
- 6 Mark dates on your calendar. We will not send reminders.
- 7 Doors close 15 minutes after start time in respect to presenter and participants.
- 8 Latecomers who arrive after 15 minutes may not be admitted and will not receive a certificate.
- 9 We are unable to accommodate children during workshop time. Please make child care arrangements.
- 10 Participants must stay for the full workshop to receive a certificate of participation, which will be provided at the end.
- 11 There is a \$15 charge to reprint a certificate or receipt for up to 1 year from the workshop date.
- 12 These are non-credit workshops (cannot be applied towards the completion of a certificate, diploma or degree).
- 13 Receipts and handouts are always sent by email.
- 14 Westcoast encourages a scent free environment.



Please **park** on Slocan St. or East Broadway (note restrictions). If you need to park in front of our doors, make sure to park in a space marked "Westcoast/ECEBC Visitor Parking".



In keeping with our eco-conscious goal of reducing paper use, **handouts**, if any will be sent by email after each workshop. In this way participants will have a resource that can be viewed across various devices, shared and printed anytime.



We may take some **photographs** during workshops with the purpose of promoting our training. By registering you consent to us or others attending, to take your photograph. If it's ok with facilitators, you may photograph some materials, books, etc., but not film the workshop. If you **DO NOT** wish to be photographed, let the workshop host know.



## Questions?

Contact Rosa at **604-709-5661 ext. 221** or by email at [rng@wstcoast.org](mailto:rng@wstcoast.org) from Tuesday to Saturday during office hours. **(except for holiday long weekends)**



## Office Hours:

MON, TUE, THU & FRI: 9 am – 5 pm  
WED: 9 am – 8 pm  
SAT: 10 am – 4 pm

**(except for holiday long weekends)**



## Library Hours:

MON, TUE: Closed  
WED: 12 pm – 8 pm  
THU, FRI: 10 am – 5 pm  
SAT: 10 am – 4 pm

**(except for holiday long weekends)**



**ECEs:** 40 hours of professional development is the minimum number required to renew an ECE certificate. Select topics you would like to expand on or that you're passionate about.  
**FCCs:** Remember to complete at least 4 hours of professional development workshops before your annual renewal date.

*follow us!*

