

Ways to REGISTER

- ❖ Online with PayPal or any credit card at www.wstcoast.org
- ❖ Fax registration form with VISA® information to 604-709-5662.
- ❖ Mail registration form with cheque or VISA® information. NO CASH.
- ❖ In person with cash, debit, cheque or VISA only.
- ❖ Questions? Call us! **604-709-5661** ext. 221 or
- ❖ Email us at: rng@wstcoast.org
- ❖ **FCC Fee** - Vancouver Registered Family Child Care Providers are emailed a Promo Code which must be applied to receive the FCC Fee when registering for a workshop.
- ❖ Please take care to review the workshop objectives and suitability before registering.
- ❖ Check the Workshop Policies on the last page.

Download this flyer from our website and register online anytime.



The Importance of Aesthetics in Early Child Care Settings

Wednesday, July 5, 2017 Time: 7:00 pm - 9:00 pm 2 hours

In the Reggio Emilia philosophy, educators have great concern for what the environment is teaching children, often referring to it as the *third teacher*. They believe children have a right to be educated in thoughtfully designed environments which support multi-sensory learning and the development of their many languages. The materials and objects within the early child care setting are not simplified cartoon like images that are assumed to appeal to children, but are “beautiful” objects in their own right.

During this workshop, participants will explore why aesthetics matter, based on a Reggio Emilia inspired approach. We will also learn how we can easily implement aesthetics in early child care settings and through reflective practice we’ll discover how this is a natural part of our lives and how it relates to learning. In taking this workshop the hope is participants will become inspired to create and maintain aesthetics in their programs.

Objectives:

- To learn how aesthetic theory can be applied to childcare environments.
 - To understand the positives effects of setting up an aesthetically pleasing environment and the negatives of setting a poor one.
 - To appreciate the importance of developing aesthetics in young children.
 - To recognize how our attitude towards programming and our image of the child affect the overall environment.
- ★ Suitable for parents, students, novice and intermediate early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs.

Presenter: Ana Valle Rivera. Raised in a large and lively family in East Vancouver, Ana knew her life’s purpose was working with children. Since earning a Diploma in ECE, Special Needs and Infant/Toddler Education, she has worked with children of all ages with differing developmental needs in various childcare settings. Ana has now made it her mission to share her passion and knowledge of child care through creating her own workshops.

**Fee: \$35
FCC Fee: \$20**



Pivotal Moments: Taking Care of Ourselves Mindfully

Saturday, July 8, 2017

Time: 10:30 am - 3:00 pm 4 hours

Do you love your work but feel overwhelmed? No matter what your job is, if people are coming to you for help, this workshop is for you! This experiential workshop will offer an interactive combination of theory, reflective dialogue and lots of practice in an active, engaging and enjoyable format. Come prepared to ignite your curiosity and to explore new ways of taking care of yourself in those tough moments.

Objectives:

- To experience tuning into those automatic cues at an earlier stage of feeling uneasy.
- To practice a variety of effortless tools you can do right in that moment that feel good and help you think clearly to help you handle challenging situations more easily.
- To explore strategies to shift how you automatically react in those pivotal moments that catch us all off-guard.
- The purpose of this workshop is to renew your energy, meaning and joy in your work.

★ Suitable for parents, students, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, adult instructors and administrators.

Presenter: Shayna Hornstein. Shayna is a body-focused counsellor and registered physical therapist. Her organizational development work improves resilience and workplace communication. In her clinical practice she helps people lessen the impact that stress has on their bodies. She especially enjoys supporting frontline childcare educators and caregivers for they do critical work that builds healthy communities.

Fee: \$65

FCC Fee: \$50

- ❖ **Bring a bag lunch (½ hour lunch).**
- ❖ **Bring comfortable clothing and shoes to move.**

Safe Spaces: Bullying Prevention for Preschool-Aged Children

2 Saturdays, July 15 & 29, 2017

Time: 9:30 am - 4:00 pm

12 hours (in-class training)*

Safe Spaces is an evidence based, developmentally appropriate, holistic and integrated approach to teaching young children 3-5 years of age pro-social and emotional vocabulary as well as skills identified as essential in preventing bullying behaviours. It teaches young children the skills they need to resist and prevent bullying while nurturing their self-esteem and caring about others, establishing a bully free environment.

Objectives:

- To understand how the Safe Spaces program works.
- To explore how to implement Safe Spaces in child care programs with 3-5 year olds.
- To become familiar with available resources and support.

★ Suitable for practicing novice, intermediate and experienced early learning child care professionals working with 3 to 5 year old preschool age children, including children with extra support needs.

Presenter: Sarah Chapman-Chen. Sarah has been in the early childhood field for over 20 years, during which time she has had opportunities to work directly with children and families in a variety of capacities. While working at Westcoast, Sarah also provided anti-bias and diversity training throughout the province. She is currently operating a licensed family child care program in her home.

Fee: \$150 (workbook included).

- ❖ **Bring a bag lunch (½ hour lunch).**
- ❖ **Bring a 2 inch binder for the course workbook.**

Requirements:

- Must register for the two days of training.
- Must have Early Childhood Education training to register for this course.
- Must read the pre-reading material that will be emailed prior to the first day of training.

*A certificate for 13 hours of training will be issued upon completion of the 2-days training: 1 hour for reading the pre-reading material plus 12 hours for attending in-class training (6 hours each day).



Red Flags in Children's Development

Wednesday, July 19, 2017

Time: 7:00 pm - 9:00 pm 2 hours

The objectives of this workshop are to help the audience understand the value of developmental milestones and increase knowledge about what red flags are, and why they are important. Participants will learn strategies that help recognize red flags and explore approaches to follow up once a concern or risk has been identified.

Objectives:

- To understand the value of developmental milestones.
- To increase knowledge about what red flags are, and why they are important.
- To learn strategies that help recognize red flags.
- To explore strategies to follow up once a concern/risk has been identified.

★ Suitable for students, novice and intermediate early learning child care professionals working with preschool and school age children, including children with extra support needs.

Presenters: Sandy Bains & Belle Sandhu-Gill. Sandy and Belle bring many years of experience in the Early Childhood Education field supporting families and child care staff who work with children with special needs. They provide training and resources to both families and child care staff. They are Consultants in the Vancouver Supported Child Development Program at the BC Centre for Ability Association.

Fee: \$35

FCC Fee: \$20



Unstructured Play

Saturday, July 22, 2017

Time: 10:30 am - 3:00 pm 4 hours

This hands on workshop will allow educators to explore what unstructured play is and its benefits for young children. Educators will be inspired to share the learning outcomes with children, colleagues, families and community.

Objectives:

- To explore learning outcomes of play.
- To celebrate and inspire a play based curriculum.
- To focus on all areas of the Early Learning Framework.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with preschool and school age children.

Presenter: Paula Milbradt. Paula is an educational consultant with over 23 years' experience discovering, exploring and learning about children, family and community. She was a foster parent in 2001 for 4 boys, a director of two child cares in Ottawa, an instructor at a local college and an Early Childhood Facilitator for the City of Surrey. She currently focuses on supporting professionals and families by offering intentional workshops that strengthen the whole child.

Fee: \$65

FCC Fee: \$50



❖ *Bring a bag lunch (½ hour lunch).*

❖ *Bring loose parts from home.*

Self-Regulation: What does that even mean?

Wednesday, August 2, 2017 **Time: 7:00 pm - 9:00 pm** **2 hours**

Children learn to regulate thoughts, feelings, behavior and emotions by watching and responding to adults' self-regulation, as well as tools and skills offered. This means the adults in a child's life must understand what self-regulation means and how he or she is modeling or giving hints and cues for its development. It is not an isolated skill we can pass on, but rather a complex process.

Objectives:

- To gain awareness and understanding of self-regulation.
- To discuss self-regulation vs. compliance.
- To explore supportive strategies to help a child gain self-regulation.

★ Suitable for parents, students, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, adult instructors and administrators.

Presenter: Christine Mann. Christine is an experienced facilitator on a wide variety of courses and professional development training for Early Childhood Educators, Family Child Care Providers and School Age Workers. She has over 25 years experience working with families and children in a variety of contexts. Currently she works with the North Shore Child Care Resource & Referral Program as a Child Care Support and Outreach Consultant in North Vancouver, BC.

Fee: \$35

FCC Fee: \$20

Note: This workshop may be streamed live to selected remote areas in BC. All participants attending this workshop must sign a live stream release form when registering for this workshop.

Behaviour Guidance and Conflict Resolution Strategies

Saturday, August 12, 2017

Time: 10:30 am – 3:00 pm **4 hours**

We all wish there was an instant recipe to manage challenging behaviours with preschool children but there is not. However, there are strategies that with practice could help us guide children through difficult situations. Come and revisit age appropriate behaviour guidance strategies that provide proactive support and help children develop skills to solve conflicts in a respectful way, while enhancing their social emotional learning.

Objectives:

- To understand age appropriate guidance strategies.
- To explore how considering temperament and culture affects our guiding strategies.
- To discuss how to help children develop problem solving skills.

★ Suitable for parents, students, novice and intermediate early learning child care professionals working with preschool children 3-5 years of age.

Presenter: Vesna Krcmar. Vesna is an experienced Early Childhood Educator and a staff member of the Vancouver CCRR at Westcoast Child Care Resource Centre. She brings a rich background in working with 0-5 year old children in both family child care and group care settings.

Fee: \$65

FCC Fee: \$50

❖ *Bring a bag lunch (½ hour lunch).*



Digital Literacy in Early Childhood Education

Wednesday, August 16, 2017

Time: 7:00 pm - 9:00 pm 2 hours

Already using or thinking about using digital resources in your centre? We will discuss the pros and cons of a connected classroom, from occasional use to a more fully immersed environment. Learn about available resources and how to access them for your centre. Most importantly we will share ideas and resources for teaching digital literacy to children in preschool and Kindergarten.

Objectives:

- To define what is Digital Literacy and why is it important.
- To discuss pros and cons of digital devices in the Pre-K and Kindergarten setting.
- To explore types of digital resources available for Pre-K (databases, apps, websites).

★ Suitable for parents, students, novice, intermediate and experienced early learning child care professionals working with preschool and school age children, including children with extra support needs, adult instructors and administrators.

Presenter: Cassidy Taylor, BA., MLIS, Education & Information Studies from UBC. Cassidy is a Librarian, Literacy Educator and Learning Coordinator with over 10 years' experience developing and delivering training, workshops and professional development for corporate, government, private and not for profit organizations related to education, literacy, digital literacy, records management and more.

Fee: \$35

FCC Fee: \$20



Creating Beautiful Stuff with Recycled Materials – A Reggio Inspired Workshop

Saturday, August 19, 2017

Time: 10:30 am – 3:00 pm 4 hours

This hands-on workshop will explore ways to guide children in exploring and creating meaningful experiences with a variety of recycled materials. The Reggio-inspired approach and the focus on process versus product will be discussed. The teachers will become aware of the joy and value of observation, documentation and collaboration.

Objectives:

- To understand the basic principles of the Reggio Emilia approach.
- To learn ways to create beautiful stuff using recycled materials.
- To discuss focusing on process versus product.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with infant/toddler and preschool children.

Presenter: Pooja Kalsi. Pooja has a Master's degree in Early Childhood Education. She has 19 years of experience in the early childhood field as a teacher, facilitator, supervisor and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery.

Fee: \$65

FCC Fee: \$50



❖ *Bring a bag lunch (½ hour lunch).*

❖ *Bring recycled materials, loose parts, old jewellery etc.*

Supporting Infants & Toddlers Transition to Group Child Care

Saturday, August 26, 2017

Time: 10:30 am – 3:00 pm 4 hours

Social changes, such as an increase in female participation in the workforce and various non-traditional family compositions have resulted in a greater demand for group child care for infants and toddlers. The goals of this workshop are to highlight the importance of successful and positive transitions from home to group child care for infants, toddlers and their families as well as to seek better ways to accommodate them.

Objectives:

- To understand the significance of supporting infants, toddlers and their families.
- To review theoretical backgrounds and the latest studies.
- To be able to connect theory to practice.

★ Suitable for students, novice, intermediate and experienced early learning child care professionals working with infants and toddlers.

Presenter: Minnie Mossop. Minnie is a passionate infant and toddler specialist with a Master's Degree in Early Childhood Education from UBC. She has supported hundreds of families and other ECEs in North America through one on one, online consultations and group workshops. Her expertise include general growth & development, behaviour management, mental health, sleep issues (behavioural approach), working with families and parenting issues.

Fee: \$65

FCC Fee: \$50

❖ *Bring a bag lunch (½ hour lunch).*



Reading Aloud: Making Lifelong Readers

Wednesday, August 30, 2017

Time: 6:00 pm - 9:00 pm 3 hours

A practical, experiential, collaborative exploration of reading aloud and a honing of your artistry through small-group practice and appreciative inquiry... You will learn why, when and how to use reading aloud as a way of bringing together children and books and acquire renewed understanding of, and appreciation for, reading aloud.

Objectives:

- To learn what to read and the do's and don'ts of reading aloud.
- To learn how to integrate children's responses into the read-aloud experience.
- To explore what makes a good read-aloud (and experience outstanding examples of the genre).
- To practise reading aloud with feedback from your peers.

★ Suitable for parents, students, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, adult instructors and administrators.

Presenter: Meguido Zola. Following K-12 school-teaching in various parts of the world, Meguido has served as a consultant, teacher-educator, and professor in the Faculty of Education, SFU. His work has focused on children's language and literacy. Meguido reads aloud professionally and works in the voiceover industry; he's a professional storyteller; and he's an award-winning writer and editor of children's books.

Fee: \$50

FCC Fee: \$35



Examining Our Biases: Growing in Self-Awareness

Wednesday September 13, 2017 Time 7:00 pm - 9:00 pm 2 hours

We all have biases that are part of our life experiences and worldview. If we become aware of our hidden, even unrecognized biases, we can monitor and attempt to amend these hidden attitudes before they are expressed through behaviour. Research evidence suggests that a change in self-awareness can modify personal beliefs and attitudes and, over time, reduce the strength of unconscious biases and lead one to critically think about bias and discrimination and take action to eliminate it. This interactive workshop will be an opportunity for professional growth and development of our own self-awareness on this topic.

Objectives:

- To define what is bias or discrimination.
- To discuss ways of uncovering personal bias as a way of developing self-awareness.
- To understand how greater self-awareness leads to developing comfort levels in working with diversity in the ECE field.
- To set personal goals to develop an anti-bias approach to working with others.

★ Suitable for parents, students, novice, intermediate and experienced early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, adult instructors and administrators.

Presenter: Lesley Richardson. Lesley is an experienced Early Childhood Educator and Instructor, with a passion for introducing anti-bias/diversity education in the early years. She has worked in adult education for many years, recently retiring as the Early Childhood Education Coordinator from Vancouver Community College. She now works as a consultant and speaker in the early education field and continues to mentor and teach ECE students. Lesley also collaborated recently on updating and revising Westcoast Child Care Resource Centre's curriculum, Safe Spaces: Bullying Prevention for Preschool Aged Children.

Fee: \$35

FCC Fee: \$20

Supporting Families with Diverse and Complex Needs

Wednesday, September 20, 2017

Time: 7:00 pm - 9:00 pm 2 hours

This workshop will explore the essential roles of parents and service providers. Parent involvement and competence is a key component of success for children/youth with developmental exceptionalities. A parent's relationship with the community professionals can make all the difference in terms of their level of empowerment. The workshop explores practical ways of moving practitioners towards more sensitive services that are empowering families. It includes ideas on making the connection, building the relationship and approaching families with more positivity.

Objectives:

- To learn from research based information regarding complex needs presented by modern families.
- To recognize the importance of relationships.
- To explore practical ways of connecting and building relationship with families.
- To discuss practical ways of empowering families.

★ Suitable for intermediate early learning child care professionals working with infant/toddler, preschool and school age children, including children with extra support needs, adult instructors and administrators.

Presenter: Malgosia Tomanik, M.Ed. Malgosia is a Family Consultant who specializes in supporting children from preschool to high school and their parents/caregivers in a variety of environments, including homes, school and childcare settings. Her educational experiences include a Certificate in Mental Health and Developmental Disabilities; courses in Adult Education, University of Victoria, BC, and a Master Degree in Education, University of Szczecin, Poland. Malgosia also works as an FASD Key Worker with the Fraser Valley Child Development Centre. She is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, including helping to make sense of difficult behavior and supporting the adults in a child's life.

Fee: \$35

FCC Fee: \$20





Picky Eating Solutions

Wednesday, September 27, 2017 Time: 6:30 pm - 8:30 pm 2 hours

**Location: Vancouver Westside Hub at
Kitsilano Neighbourhood House, 2305 W 7th Ave. Vancouver, BC.**

Trying to get toddlers or preschoolers to eat new foods? Worried that your 2-5 year olds aren't getting the nutrition they need? Child-Feeding Expert Kristen Yarker, MSc, RD., will share picky eating solutions that actually work (without being forceful or sneaky). Also, discover what common strategies inadvertently undermine kids' well-being.

Objectives:

- To discover the developmental causes of picky eating for toddlers and preschoolers.
- To explore strategies that will support kids to develop confidence and competence in trying new foods.

★ Suitable for parents, students, novice, intermediate and experienced early learning child care professionals working with infant/toddler and preschool age children.

Presenter: Kristen Yarker. Child-feeding expert Kristen Yarker, MSc, RD helps caregivers support picky eaters to try new foods on their own, without being forceful or sneaky. Since 2008 she has been working with caregivers to provide good nutrition for their children and instill a love of food that lasts a lifetime. Kristen is a consultant for health authorities, the BC Ministry of Health, and non-profit organizations. Check out her column in Urban Baby and Toddler Magazine, articles on Modern Mama's website, and quotes in magazines such as Today's Parent and Best Health. www.KristenYarker.com

Fee: \$35

FCC Fee: \$20

Westcoast workshops support the implementation of:

- ❖ The BC Early Learning Framework
- ❖ Schedule G of the BC Child Care Licensing Regulation
- ❖ The Early Childhood Educators of BC Code of Ethics

Westcoast Child Care Resource Centre
Inspiring and Promoting Excellence in Child Care and Early Learning



Workshop Registration Form

Date: _____
DB _____ (office use only)

This name will appear on your certificate

First Name (s):		Last Name (s):	
Address:		Postal Code:	
Email:		Phone:	
<input type="checkbox"/> I am a Vancouver CCRR Registered LNR or Vancouver Licensed Family Child Care Provider (FCC)			

Payment Method:

VISA (only) Card Number: _____		Expiry Date: ____ / ____	
Cardholder's name: _____		Authorization # _____ (office use only)	
Debit	Cheque	Cheque # _____ (office use only)	
Cash	Make payable to Westcoast CCRC. NSF cheques will incur a \$35 charge each.		
TOTAL Payment Amount: \$ _____			

Workshop Titles	Date	Time	Fee	FCC
The Importance of Aesthetics in Early Child Care Settings	Wed. July 5	7:00 pm – 9:00 pm	\$35	\$20
Pivotal Moments: Taking Care of Ourselves Mindfully	Sat. July 8	10:30 am – 3:00 pm	\$65	\$50
Safe Spaces: Bullying Prevention for Preschool-Aged Children	Sat. July 15 & 29	9:30 am – 4:00 pm	\$150	n/a
Red Flags in Children's Development	Wed. July 19	7:00 pm – 9:00 pm	\$35	\$20
Unstructured Play	Sat. July 22	10:30 am – 3:00 pm	\$65	\$50
Self-Regulation: What does that even mean?	Wed. Aug. 2	7:00 pm- 9:00 pm	\$35	\$20
Behaviour Guidance and Conflict Resolution Strategies	Sat. Aug. 12	10:30 am – 3:00pm	\$65	\$50
Digital Literacy in Early Childhood Education	Wed. Aug 16	7:00 pm – 9:00 pm	\$35	\$20
Creating Beautiful Stuff with Recycled Materials - A Reggio Inspired Workshop	Sat. Aug. 19	10:30 am – 3:00 pm	\$65	\$50
Supporting Infants & Toddlers Transition to Group Child Care	Sat. Aug. 26	10:30 am – 3:00 pm	\$65	\$50
Reading Aloud: Making Lifelong Readers	Wed. Aug. 30	6:00 pm – 9:00 pm	\$50	\$35
Examining Our Biases: Growing in Self-Awareness	Wed. Sep. 13	7:00 pm – 9:00 pm	\$35	\$20
Supporting Families with Diverse and Complex Needs	Wed. Sep. 20	7:00 pm – 9:00 pm	\$35	\$20
Picky Eating Solutions @ Kits	Wed. Sep. 27	6:30 pm – 8:30 pm	\$35	\$20

Refund & Cancellation Policy:

1. Requests for cancellations **must be received at least 3 business days prior** to the workshop date to get a refund, minus any Administration Fees.
2. All refunds are subject to a \$10 Administration Fee except for workshops/courses that are \$100 or more, which have a \$25 Administration Fee.
3. No monies will be refunded or credits offered once the workshop or course starts.
4. Westcoast may cancel a workshop or course at any time. Registrants will be notified and receive a full refund.

By submitting this form participants declare they have read, understood and agree with this policy.



Workshop Policies:

- 1 It is the participants' responsibility to check if certificates of participation will be accepted by the ECE Registry. <http://www.mcf.gov.bc.ca/childcare/ece/> phone **1-888-338-6622** email eceregistry@gov.bc.ca
- 2 It is the participants' responsibility to read the workshop description and objectives and make sure the training selected is suitable to their learning needs. **If you have a question, call us before registering.**
- 3 Only **Vancouver CCRR Registered LNRs or Vancouver Licensed Family Child Care Providers** qualify to pay the **FCC Fee** and will need a **Promo Code** received by email to register. Be sure to use this promo code when registering, as no fee adjustments can be made after registration is confirmed.
- 4 Seats are limited. Registrations are accepted on a first come, first served basis.
- 5 Payment must be made at time of registration to reserve your seat.
- 6 Mark dates on your calendar. We will not send reminders.
- 7 Doors close 15 minutes after start time in respect to presenter and participants.
- 8 Latecomers who arrive after 15 minutes may not be admitted and will not receive a certificate.
- 9 We are unable to accommodate children during workshop time. Please make child care arrangements.
- 10 Participants must stay for the full workshop to receive a certificate of participation, which will be provided at the end.
- 11 There is a \$15 charge to reprint a certificate or receipt for up to 1 year from the workshop date.
- 12 These are non-credit workshops (cannot be applied towards the completion of a certificate, diploma or degree).
- 13 Receipts and handouts are always sent by email.
- 14 Westcoast encourages a scent free environment.

 Please **park** on Slocan St. or East Broadway (note restrictions). If you need to park in front of our doors, make sure to park in a space marked "Westcoast/ECEBC Visitor Parking".

 In keeping with our eco-conscious goal of reducing paper use, **handouts**, if any will be sent by email after each workshop. In this way participants will have a resource that can be viewed across various devices, shared and printed anytime.

 We may take some **photographs** during workshops with the purpose of promoting our training. By registering you consent to us or others attending, to take your photograph. If it's ok with facilitators, you may photograph some materials, books, etc., but not film the workshop. If you **DO NOT** wish to be photographed, let the workshop host know.

 **Questions?**
Contact Rosa at **604-709-5661 ext. 221** or by email at rng@wstcoast.org from Tuesday to Saturday during office hours. **(except for holiday long weekends)**



Office Hours:

MON, TUE, THU & FRI: 9 am – 5 pm
WED: 9 am – 8 pm
SAT: 10 am – 4 pm

(except for holiday long weekends)



Library Hours:

MON, TUE: Closed
WED: 12 pm – 8 pm
THU, FRI: 10 am – 5 pm
SAT: 10 am – 4 pm

(except for holiday long weekends)



ECEs: 40 hours of professional development is the minimum number required to renew an ECE certificate. Select topics you would like to expand on or that you're passionate about.
FCCs: Remember to complete at least 4 hours of professional development workshops before your annual renewal date.

follow us!

