



Westcoast Child Care Resource Centre Workshops February to August 2012

- All workshops will be at Westcoast Child Care Resource Centre at 2772 East Broadway in Vancouver, unless otherwise specified.
- **Unfortunately, we are unable to accommodate children during workshop time. Please make your own arrangements.**
- Make sure to read the **Workshop Policies** at the end of the Registration Form.

PLEASE ARRIVE NO MORE THAN 10 MINUTES BEFORE THE SCHEDULED START TIME.

Finding Nature in the City: A Hands on Approach

Saturday February 11, 2012 **Time: 10:30 am – 12:30 pm** **2 hours**

This interactive session will give ideas and examples of how we get children from 2 to 12 years old connected to nature in any environment. The facilitator will encourage the group to participate in activities as well as contribute ideas and experiences of children and nature. Her motto is "The world is our playground".

➔ **Come dressed appropriately to go outdoors.**

Presenter: Jen Ivings. Jennifer 'grew up' outdoors. Her love for the outdoors, led her to an Outdoor Recreation Leadership Diploma from CBC and later a Certificate in ECE from Capilano University. She works for North Shore Child Care in Deep Cove running three programs: before and after school care, kinder care and preschool. Her value of nature and love for children inspire outdoor focused programs for all ages.

Fee: \$35. Maximum number of participants is 25.

Registration starts: **Thursday January 5, 2012**

What is Attachment?

Saturday February 25, 2012 **Time: 10:30 am – 12:30 pm** **2 hours**

In this workshop we will discuss attachment, and how it impacts child development in all domains. We'll explore how secure attachment fosters trust and a sense of security in children, whereas lack of consistent and enriched experiences in early childhood can result in delays in motor, language, social, and cognitive development. Participants will leave more confident in their ability to help children with attachment issues.

Presenter: Saeedeh Bitaraf. Saeedeh is a BC registered counsellor with a Masters Degree in Counselling and a BC registered social worker with a Bachelors of Social Work degree. She is also a certified Early Childhood Educator with over 20 years' experience.

Fee: \$35. Maximum number of participants is 25.

Registration starts: **Thursday January 5, 2012**

Communicating Effectively and Receptive Listening

Saturday March 10, 2012

Time: 10:30 am – 12:30 pm

2 hours

After this workshop, participants will have the knowledge to be good communicators and have a better ability to avoid misunderstandings thereby reducing conflict. With these skills you will gain more cooperation from the children in your care, the children will feel heard and that they are really cared about. We will learn: what are the elements involved in communication, how to choose your words to be effective, how to communicate assertively, what not to do when communicating and how to use I-Statements among other things.

Presenter: Patricia Lessard. Patricia is a Certified Breakthrough Parenting Instructor who is authorized to conduct parenting classes outside of a therapy setting. Innovative in its course content, this parenting program called Breakthrough Parenting® is now being offered in Canada.

Fee: \$35. Maximum number of participants is 25.

Registration starts: **Thursday February 2, 2012**

A is for Anaphylaxis and Allergies

Saturday March 31, 2012

Time: 10:30 am – 12:30 pm

2 hours

This workshop will provide you with information about the causes of allergies and anaphylaxis, the typical triggers, signs and symptoms, and the required emergency response, as well as how to live successfully with food allergies. Each participant will be provided with age appropriate resources for children and their families, how to set policies in your centre and a Protect-A-Life Hero Award in appreciation. Participants will also learn how to use epinephrine auto-injectors by using an auto-injector trainer.

Presenter: Pam Lee. Pam has a 14 year old son with a life threatening allergy. Pam was co-founder of PACT, Protect A Child Today, a grassroots movement that led the government to create a Ministerial Order to protect kids with anaphylaxis in Schools in 2007. She sits on the Provincial Anaphylaxis Committee. She is the Associate Editor of Allergic Living magazine. Her column, The Allergic Diva, is a light-hearted look at living with allergies. Pam volunteers with Anaphylaxis Canada, and sits on the AC BC Committee. Pam ran a Licensed Family Child Care while her children were small and presently works for the VSB as a Special Education Assistant.

Fee: \$35. Maximum number of participants is 25.

Registration starts: **Thursday February 2, 2012**

Open-Ended Art for Children: Getting to Know your Art Equipment

Wednesday April 11, 2012

Time: 7:00 pm – 9:00 pm

2 hours

Art is about imagination, problem solving and discovery. During this workshop we will go back to basics. By using simple techniques with water colours, pastels and tempera paint, participants will leave this workshop encouraged to share these techniques with young children and inspire them to create with confidence.

Presenters: Anne Bennett and Irina Samarukava. Anne is an ECE instructor who is currently coordinating the out-of-school care program at South Burnaby Neighbourhood House. Irina has a Bachelor of Fine Arts and has worked as an elementary school art teacher for 13 years. Now she enjoys being an ECE teacher.

Fee: \$35. Maximum number of participants is 25.

Registration starts: **Thursday March 8, 2012**

Natural Play

Saturday April 21, 2011

Time: 10:30 am – 12:30 pm

2 hours

Join Bridgitte Alomes to explore the open-endedness of an unencumbered learning pallet. We will explore what is natural play, what kinds of environments foster genuinely spontaneous imagination and how do we as early childhood educators model key life skills like creativity, problem solving and self-regulation. This interactive workshop incorporates elements of nature and minds that are open. Participants will leave filled with ideas for their classrooms and inspiration galore!

➔ **Bring an item from nature, a scarf or piece of fabric and your imagination.**

Presenters: Bridgitte Alomes. Bridgitte is the mother of two young children and an active proponent of free, natural play. Her passion is a testament to positive changes not only in the way we approach natural play but also to the evolution of classroom and facility design. Since early 2010 she has presented the Natural Play workshop to approximately 4100 administrators and teachers throughout the Lower Mainland and beyond.

Fee: \$35. Maximum number of participants is 35.

Registration starts: **Thursday March 8, 2012**

Aboriginal Theme Felt Stories

Wednesday May 9, 2012

Time: 7:00 pm – 9:00 pm

2 hours

June 21st is Aboriginal Day! Let's celebrate by making a couple of stories for your centre. These stories are very interactive and both you and your children will enjoy them. We will be making two stories: "How Raven Stole The Sun" and "Very Last First Time".

➔ **Bring scissors to cut felt.**

Presenters: Sandy Yip & Vesna Krcmar. Sandy and Vesna are Vancouver Child Care Resource & Referral staff and experienced Early Childhood Educators with a passion for creating unique resources that enhance programming for young children.

Fee: \$40 (includes \$5 materials fee). Maximum number of participants is 20.

Registration starts: **Thursday April 5, 2012**

Felt Me A Story

Saturday May 26, 2012

Time: 10:30 am – 12:30 pm

2 hours

Experiences with unspun sheep's wool offer a wide range of creative possibilities for both children and adults. The colours and texture of natural wool appeal to the imagination in a vivid and inspirational manner. During this workshop we will experience creative story telling by creating a story out of unspun wool and wood.

➔ **Bring an old towel.**

Presenter: Ana Vojnovic. Ana is the facilitator of the Curriculum Room at Westcoast. She holds an ECE diploma and is currently enrolled in the BA in ECE program at Capilano University. She is an innovative textile designer and crafter.

Fee: \$43 (includes \$8 materials fee). Maximum number of participants is 20.

Registration starts: **Thursday April 5, 2012**

Connecting with Children

Saturday June 9, 2012

Time: 10:30 am – 12:30 pm

2 hours

As educators, we question why at times connecting with children is difficult. From guidance, discipline and routines to children's impact on each other, discover how to engage cooperation by tapping into your own innate resources and ability to master the magic of interpersonal connections.

Presenter: Chantal Hutchison & Quinn C. Vosburgh. Chantal has been dedicated to the field of early childhood development throughout her career. She was a Montessori Teacher, Childhood Counselor/Educator for the Ministry of Children & Families, Instructor at UBC teaching in the department of Family Studies & Social Work, Instructor at Burnaby College teaching within the Community Support Worker program and more recently instructed at Vancouver Career College in the Early Childhood Education Program. She has her MA in Family Studies from the University of British Columbia. Quinn is an innovative educational counsellor, trainer and consultant. She specializes in dealing with parenting issues and providing an approach that helps children of all ages see how to get in touch with their well-being. She has designed and delivered successful resiliency based programs in schools, social service agencies and communities. Quinn has also presented at several conferences to discuss The Health of the Helper and the Well Being of Children.

Fee: \$35. Maximum number of participants is 25.

Registration starts: Friday May 4, 2012

Social Emotional Development in the Early Years

Wednesday June 20, 2012

Time: 7:00 pm – 9:00 pm

2 hours

The early years present a unique opportunity to foster healthy development, especially during the first five years of a child's life. Both positive and negative experiences shape children's development in all areas. This workshop aims to promote a basic understanding of the social and emotional development of children in their early years.

Presenter: Nora Mejia, B.Ed. & E.C.E. Nora's work in ECE is inspired by the principles of the Reggio Emilia approach as well as Montessori Training. She works for Westcoast Child Care Resource Centre as a Diversity Trainer. She has been enjoying working with children and their families for over 20 years in a variety of settings.

Fee: \$35. Maximum number of participants is 25.

Registration starts: Friday May 4, 2012

The Importance of Music in the Early Years

Wednesday July 11, 2012

Time: 7:00 pm – 9:00 pm

2 hours

Make music a significant part of children's lives at your centre. Music is a way of knowing. It helps develop children's math, science, language and social skills. Come and learn to incorporate the Orff technique for songs, rhymes and percussion instruments with the children in your program.

Presenter: Ruchika Tekkeveetil. Ruchika is a certified Orff music teacher. Currently she teaches music and movement programs for children from 0-5 years old at Budding Beethovens, the Arbutus Music Academy, Buddings Daycare, West End and Kensington Community Centres.

Fee: \$35. Maximum number of participants is 25.

Registration starts: Thursday June 7, 2012

Drawing to Learn, Not Learning to Draw

Saturday July 28, 2012

Time: 10:30 am – 12:30 pm

2 hours

Drawing is one of the 100 languages of children. Come to this Reggio inspired workshop where you will learn about the LINE Family and its application to helping children understand the different kind of lines that make up a drawing, allowing them to draw with more intention and observation. You will also learn more about using drawing as a way for children to build on their own knowledge, theories and ideas to become more confident and successful in using drawing to understand and learn. Come and look at new ways of setting up a drawing centre in your room, what pens and pencils to use and how to use stories to stimulate drawing.

Presenter: Michelle De Salaberry. Michelle is a semi-retired Early Childhood Educator. She worked for several years implementing an emergent/responsive approach to curriculum; creating environments using intelligent materials to encourage and promote relationships with children and families. A trip to Reggio Emilia in 2002 enabled her to refine, re-think and renew her commitment to programming for and with children.

Fee: \$43. Maximum number of participants is 25.

Registration starts: Thursday June 7, 2012

The Courage to Teach

Saturday August 11, 2012

Time: 10:30 am – 12:30 pm

2 hours

Do you remember the time when teaching was fun, easy and children were completely engaged in learning new ideas? How do we keep our lessons fresh and the children engaged on a day to day basis? Come and discover how a simple approach will open your mind to enjoying your daily job.

Presenter: Chantal Hutchison & Quinn C. Vosburgh. Chantal has been dedicated to the field of early childhood development throughout her career. She was a Montessori Teacher, Childhood Counselor/Educator for the Ministry of Children & Families, Instructor at UBC teaching in the department of Family Studies & Social Work, Instructor at Burnaby College teaching within the Community Support Worker program and more recently instructed at Vancouver Career College in the Early Childhood Education Program. She has her MA in Family Studies from the University of British Columbia. Quinn is an innovative educational counsellor, trainer and consultant. She specializes in dealing with parenting issues and providing an approach that helps children of all ages see how to get in touch with their well-being. She has designed and delivered successful resiliency based programs in schools, social service agencies and communities. Quinn has also presented at several conferences to discuss The Health of the Helper and the Well Being of Children.

Fee: \$35. Maximum number of participants is 25.

Registration starts: Friday July 6, 2012

Sensory & Tactile Experiences for Children

Wednesday August 15, 2012

Time: 7:00 pm – 9:00 pm

2 hours

Despite appearances, “messy” play can make an enormous contribution to babies’ and young children’s cognitive and creative development. In this interactive workshop, participants will explore “discovery tables” where they will have the opportunity to create unusual resources to use in their child care programs, as well as experience play with unique textures. Learn how to create a bubble machine, puffy paint, creepy hands and much more!

➔ **Bring scissors, needle and thread (a MUST) and clothing appropriate for messy play and fun.**

Presenter: Marcia MacKenzie. Marcia is the Manager of the Richmond CCRR and has many years of experience in the child care field. Before coming to Richmond, Marcia ran a successful family child care in Vancouver.

Fee: \$40 (includes \$5.00 materials fee). Maximum number of participants is 25.

Registration starts: Friday July 6, 2012

You can also find this flyer on our website www.wstcoast.org

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Workshop Registration Form

PLEASE PRINT CLEARLY

DB:
office use only

Workshop title:	
Workshop date:	
First name:	Last name:
Centre/Organization (if applicable):	
Address:	Postal code:
Email:	
Phone: ()	Fax: ()
Method of payment (submit one form per participant per workshop):	
_____ VISA (only credit card accepted) Auth # _____ (office use only) Card number: _ _ _ _ _ _ _ _ _ _ / _ _ _ _ Expiry _ _ / _ _ Cardholder's name: _____ _____ Cheque or money order Cheque # _____ (office use only) Make payable to Westcoast CCRC. (NSF cheques will incur a \$20 charge.) Payment Amount: \$ _____	

<p>Ways to Register:</p> <ol style="list-style-type: none"> Online at our website at: http://www.wstcoast.org click on the Training orange tab, then Westcoast Workshops. Fax in registration form with VISA info to 604-709-5662. Mail in registration form and payment (Cheque or Visa). Mail Attention to: "Training Registration". Phone us at 604-709-5661 ext. 221 with VISA info. (NOT on holidays). Drop in to the Westcoast office with registration form and payment. In person, you can pay by Cash or Debit. 	<p>Cancellation Policy:</p> <ol style="list-style-type: none"> Refunds for cancellations are only given when we receive <u>more than 3</u> business days' notice, minus an Administration Fee. All refunds are subject to a \$10.00 Administration Fee. Westcoast may cancel a workshop at any time. Registrants will be notified and 100% of fees refunded. <p>I have read this Cancellation Policy <input type="checkbox"/></p>
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Workshop Policies:

- Payment must be made at time of registration in order to confirm your seat.
- Certificates of participation and receipts will be provided at the end of the workshop.
- You must stay for the full workshop to receive a certificate. Workshop doors close after 15 minutes of the start time in respect to the presenter and participants. Latecomers who arrive after 15 minutes will not be admitted and will not receive a certificate.
- There is a \$15 fee to replace a missing certificate.
- We are unable to accommodate children during workshop time.

Enrolment is limited please register early to avoid disappointment.

Westcoast Child Care Resource Centre, 2772 East Broadway, Vancouver, BC V5M 1Y8
Phone: 604-709-5661 Fax: 604-709-5662 Email: info@wstcoast.org Website: www.wstcoast.org