CHILDCARE BC: PRIDE 2023 Special Resource Bulletin

People throughout British Columbia and across Canada will come together this summer for Pride 2023 in support of <u>equal human rights</u> for the <u>2SLGBTQIA</u>+ community and to celebrate and reflect on 2SLGBTQIA+ culture and history.

ChildCareBC is building child care as a core service that supports child care providers and early childhood professionals to welcome all families and support all children to belong. Inclusive child care strives to celebrate the diverse identities and inherent gifts of all staff, families, and children.

We have compiled a list of resources that we hope are helpful in creating inclusive child care environments and supporting 2SLGBTQIA+ staff members, family members and friends. As children grow into young adults, they may have questions about their gender identity and sexual orientation, and child care professionals working in the sector may also have questions and welcome further support in having these conversations.

If you or a friend are experiencing discrimination or harassment related to sexual orientation or gender identity, get help here.

Two-Spirit resources

"Two-Spirit" is a term used within some Indigenous communities, encompassing cultural, spiritual, sexual and gender identity. The term reflects complex Indigenous understandings of gender roles, spirituality, and the long history of sexual and gender diversity in Indigenous cultures.

The following resources are available to support Two-Spirit and Indigenous LGBTQIA+ youth, families and allies.

<u>Trans Care BC</u> – Provides a list of Indigenous focused 2SLGBTQIA+ local groups and initiatives in addition to resources though Trans Care BC.

<u>Indigenous Perspectives Society Centre of Excellence in Community Education</u> – Offers the course "<u>Coming In: Peer Ally-ship with Two Spirit and Indigenous LGBTQI Youth</u>," and participants can register to attend the July 24 session.

<u>Urban Native Youth Association 2-Spirit Collective</u> – Information, programming and resources for Two Spirit and LGBTQ+ Indigenous youth aged 15-30, as well for those who are questioning their sexual or gender identities.

Inclusion resources for child care providers and early childhood professionals

The following resources are available to help child care providers and early childhood professionals create inclusive environments in which all staff, families and children are supported to belong.

<u>Foundations of Inclusive Child Care Training</u> – Geared toward child care providers, early childhood professionals and others in the child care sector, this free course provides an overview of inclusive practices and strategies and is worth 12 Pro-D hours.

<u>Inclusive Child Care Toolkit</u> – A user-friendly resource that helps child care providers and early childhood professionals reflect and expand on their understanding of inclusion in child care programs.

<u>British Columbia's Early Learning Framework</u> – Early childhood professionals play a pivotal role in creating classrooms that are welcoming of all families and children, including those with diverse gender expressions and identities. The Early Learning Framework highlights gender and sexuality throughout in creating inclusive, high-quality child care services.

<u>Sexual Orientation and Gender Identity (SOGI) Inclusive Education</u> – A resource for educators that can support the creation of inclusive spaces for students of all sexual orientations and gender identities and help reduce discrimination.

<u>Westcoast Early Learning Library</u> (WELL) – Part of the Westcoast Child Care Resource and Referral Centre, WELL offers access to a collection of books, articles and resources, including those related to gender identity and sexual

2SLGBTQIA+ resources for families and individuals

orientation.

B.C.'s Gender equity and 2SLGBTQ+ resources web page – A comprehensive resource that can help families navigate government services, such as access to education and training, healthcare and gender affirming care, affordable housing and other helpful information.

<u>Egale Canada</u> – Egale strives to "improve the lives of 2SLGBTQI people in Canada and to enhance the global response to 2SLGBTQI issues," by "informing

public policy, inspiring cultural change, and promoting human rights and inclusion through research, education, awareness and legal advocacy."

Egale has a tip sheet for <u>Adults on Supporting 2SLGBTQI Youth</u> with links to additional resources including <u>Supporting Your Gender Diverse Child</u> and Supporting Your Intersex Child.

<u>Parents and Friends of Gays and Lesbians (PFLAG)</u> – An all-volunteer charitable organization founded by parents, who can assist families during the "coming-out" process. There are <u>local chapters</u> across British Columbia and <u>online family friendly resources</u>. A help line is available by dialing 1-888-530-6777 (extension 224).

<u>It Gets Better Canada</u> – Focuses on storytelling and building community as ways to "uplift, empower, and connect Two-spirit, lesbian, gay, bisexual, transgender, and queer (2SLGBTQ+) youth across Canada."

Action Plans

<u>Government of Canada's 2SLGBTQIA+ Action Plan</u> – A five-year action plan that "aims to advance rights, improve social, economic and health outcomes for 2SLGBTQI+ Canadians."

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Credit to:

Gov't of BC: ChildCare BC

Title: Gender equity and 2SLGBTQ+ resources

https://www2.gov.bc.ca/gov/content/gender-equity/resources#lgbtq2s